The Start-Up's Roadmap For Ultimate Business Success

Best practice across business, personal development, mind-set and success habits.

Book in NOW for your Free Goal Setting Power Session! Text or call:



Heal your past,

resolve

resentments,

regrets, grief and

forgive yourself

and others

Release shame,

blame, negativity

sabotage, toxicity

& toxic people.

Become more of

who you are.

Move forward

with confidence

Seek out help.

therapy,

counselling.

Thinking outside

overcome the following:

1.) I don't have the money

2.) I don't have the time

3.) I don't have the skills

of the square,

and pride.

Set

You are here in present moment NOW

Practice gratitude for being alive. List out what you are grateful for DAILY

VISION 1

Why do you want this? How is achieving this going to make you feel? Practise & imagine generating that feeling now. You might not be able to have the thing but you can have the feeling

DAILY

NOW

Practise generating these feelings

VISION Doing whatever it takes? Ask vourself: How can I achieve my goal as quickly as possible? What action can I take today? Take the action **NOW**

VISION 2

Repeat steps for Vision 1. Min 5 mins day. Integrate this practise as a success habit. Take action & control of your thoughts. Repeat this step for all subsequent visions you want to bring to life.

Whatever is

missing in your life is what you are not giving. What can you give today and to whom? Give this once a week or more

Reframe limiting beliefs catch vourself thinking negative or limited thoughts. Rewrite them into positive affirmations. Reverse the thought: In order for me to be happy, I need to have x. instead generate happiness & joy today. What can I be happy about now? Remember to smell the roses. Giving time and money to charity Experience feeling privileged, humble, grateful. Do this even if you are broke.

Even if it is \$1.00 per week. It is the volition that counts. Set it up on direct debit. \$1.00 will soon turn into \$2.00

Celebrate

Celebrate

Celebrate

Arrived

NOW

back in the

present

moment

Feed your mind through the power of daily rituals & motivational education videos on YouTube, Podcasts, reading books, visioning, meditating, tapping, affirmations, Work on your journalling, business plan, physical targets marketing strategy, Engage a coach exercise. and milestones financial forecasts Create accountability support structures. Bounce off ideas Solidify your strategic direction Find mentors. model successful entrepreneurs. Study success, virtual mentors or people you know Belonging to a like-minded community of fellow entrepreneurs. Reach out & connect. Share your dreams and vision. Help others achieve theirs. Join a master-mind. Get a business buddy. Set vourself Become accountable. a challenge. Get out of your comfort zone Who are you required to become in order to achieve

> Test & measure. re-evaluate Declutter your priorities. home & office. refine strategies Learn about the vision and Flying Stars Method goals

of Feng Shui

your vision? Take on a momentum,

skills or success habits challenge.

5, 10, 20, 30 Days

Feed your body with good nutrition, sleep, rest, time out, exercise. Make yourself

feel good

Have fun. Enjoy the journey. Look how far you have come.

Expect obstacles and set-backs. Learn resilience. Pick yourself up again and again and keep going. You will make mistakes, that is normal. Embrace a growth mindset